ZOE

SCHOOL FOR
DANCE MOVEMENT
THERAPY



WORKBOOK FOR THE ADMISSION AND REGISTRATION PROCEDURE

In this workbook you will find a step-by-step overview of the admission procedure for the course in Art Therapy, Dance and Movement Therapy at ZOE SCHOOL FOR DANCE MOVEMENT THERAPY

www.zoeschool.ch



WELCOME

TO THE STEP-BY-STEP OVERVIEW OF THE ADMISSION PROCEDURE

You would like to become a dance therapist, you are interested in our course and you want to start the admission procedure. This workbook guides you through this process step by step.



ABOUT OUR ADMISSION PROCEDURE

ZOE SCHOOL is an institute recognised and recertified by OdA ARTECURA that prepares you for the Swiss Federal Higher Professional Examination in Art Therapy, specialisation Dance and Movement Therapy. Title: «Kunsttherapeut:in mit eidgenössischem Diplom, Fachrichtung Bewegungs- und Tanztherapie, Professional Master».

Our admission procedure covers two areas:

- The review of your school and professional background according to the **requirements of the State Secretariat for Education, Research and Innovation SERI and of OdA ARTECURA.**

- The internal admission criteria of ZOE SCHOOL: **your dance and movement experience, your experience from personal therapy and your motivation to become a dance therapist.**

Contact us:
EMAIL: brigitte.zueger@zoeschool.ch
PHONE: +41 61 382 60 76

You have already attended an **information evening or been in contact with us by phone or email, and now you would like to find out whether you can be admitted to study with us.**

This step-by-step guide helps you go through the process clearly and smoothly.

We are always happy to help you by phone or email.







YOUR STEPS TO ADMISSION

more details

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STEP 1

YOU PUT TOGETHER YOUR DOSSIER AND SEND IT TO US

You register for the entrance examination and we review your dossier.

more details

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STEP 2

YOU TAKE PART IN THE ENTRANCE EXAMINATION DAY

This lets us tell you whether we will admit you to the course. At the same time, we invite you to step 3.

more details

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STEP 3

YOU COMPLETE THE ONLINE QUESTIONNAIRES

You have 5 days for this. After that, we arrange a personal talk with the school management.

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STEP 4

YOU RECEIVE YOUR RESULT

If you have passed, we offer you the training contract.

STEP 1

THE DOSSIER

Your dossier contains the following documents.

Please send us your dossier as a PDF by email to admin@zoeschool.ch at least 3 days before the entrance examination day.

- Your CV
- A letter of motivation explaining why you want to become a dance and movement therapist
- A provisional financing plan (we would like you to have given this some thought)
- The completed form «Admission evidence» (ask us for it and we will send it to you by email)
- Your certificates and diplomas, numbered according to the «Admission evidence» form
- The registration form for the entrance examination

You can also find all this information on our website



STEP 2

ENTRANCE EXAMINATION DAY

On this day, we would like to get to know your curiosity and joy in movement and your curiosity about the movement of other people.

WHAT TO EXPECT

You go through a dance therapy process. On the entrance examination day, we would like to get to know you and your movement. It takes place online, so that you can feel safe in your own familiar space: at home.

Body awareness: Through a guided exercise, we invite you to immerse yourself in your body. We would like to learn about your experiences and look forward to hearing what you can tell us.

For movement learning, we give you instructions for selected elements of our movement system (Laban/Bartenieff). This gives us an insight into how you learn movement.

For movement composition, we then invite you to play with the movement elements you have just learned. This shows us how you play and work with movement forms.

For associations through movement experience (e.g. inner images, moods, inner sentences), we open up space for you to give free rein to your passion for dance. We would like to see how inner images emerge for you through dance and how you express and experience them through dance.

We would also like to see how you perceive **and empathise with the dances and dance experience of other people.**



STEP 3

THE ONLINE QUESTIONNAIRES

WHY THE QUESTIONNAIRES?

Our greatest joy is your motivation and your personal commitment during the training and for your future profession as a dance therapist.
The questionnaires help us get to know your motivation, your motivation profile. This allows us to support you at any time, should it be needed.



STEP 4

THE RESULT

THE WAIT IS OVER...

You will receive an email from us telling you whether you have passed the entrance examination. We will then offer you the training contract.





DO YOU HAVE ANY QUESTIONS?

Write to us or give us a call.

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brigitte.zueger@zoeschool.ch

PHONE:
+41 61 382 60 76

TO OUR WEBSITE