



SCHOOL FOR
DANCE MOVEMENT
THERAPY



WORKBOOK FOR THE ADMISSION AND REGISTRATION PROCESS REGISTRATION PROCESS

This workbook provides a step-by-step overview of the admission procedure for the Art Therapy, Movement and Dance Therapy course at ZOE SCHOOL FOR DANCE MOVEMENT THERAPY



W E L C O M E T O

STEP-BY-STEP OVERVIEW OF THE ADMISSION PROCESS

You want to become a dance therapist, are interested in our course, and want to begin the admission process.

This workbook will guide you step by step through the process.



THE REASONS BEHIND OUR ADMISSION PROCESS

The ZOE SCHOOL Institute is a training institute recognized and recertified by OdA ARTECURA for preparation for the Swiss Higher Professional Examination in Art Therapy, Movement and Dance Therapy.

Our admission procedure covers two areas:

- Review of the requirements of the State Secretariat for Education, Research, and Innovation (SBFI) and OdA ARTECURA regarding your academic and professional background.
- The ZOE SCHOOL's internal admission criteria: your dance and movement experience, your experience with personal therapy, and your motivation to become a dance therapist.

CONTACT US AT IF YOU HAVE
ANY QUESTIONS

VIA EMAIL
brigitte.zueger@zoeschool.ch

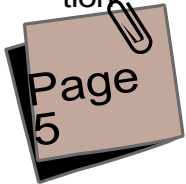
BY PHONE
41 (61) 382 60 76

You have already attended an information evening or contacted us by phone or email and now want to check whether you can be accepted for your studies with us.

The step-by-step explanation will help you to go through this process clearly and smoothly.

Of course, we are also available at any time by phone or email to assist you.



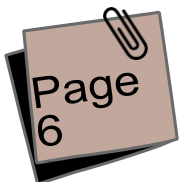
Detailed
informa
tion

STEP

1

D U S T E L L S T D A S D O S S I E R Z U S A M M
E N U N D S C H I C K S T E S U N S

We will review your dossier and invite you to the entrance exam.

Detailed
informa
tion

STEP

2

D U N I M M S T A M A U F N A H M E P R Ü F U N G
S - T A G T E I L

so that we can let you know whether we will be accepting you onto the course

. At the same time, we will invite you to step 3

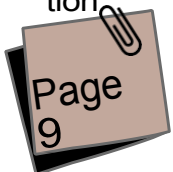
Detailed
informa
tion

STEP

3

F I L L O U T T H E O N L I N E Q U E S T I O N N A I R E

and you have 5 days to do so

Detailed
informa
tion

STEP

4

V O N U N S D A S R E S U L T

If you pass the admission process, we will offer you a training contract.

The dossier contains the following documents.

Please send us the following documents
as PDF files by email to admin@zoeschool.ch

- Your resume,
- A letter of motivation explaining why you want to become a dance and movement therapist,
- A provisional financing plan (we would like you to have thought about this)
- The completed admission form (you can request this from us and we will send it to you by email) Your
- certificates and references numbered according to the admission form
- The entrance exam registration form

Please also send us the entrance exam registration form by mail to
ZOE SCHOOL FOR DANCE MOVEMENT THERAPY,
Elsässerstrasse 34, 4056 Basel

You can also find all this information on our [website](#).



ADMISSION EXAMINATION DAY

On this day, we would like to get to know your curiosity and joy of movement and your curiosity about the movement of other people.

WHAT ES AFTER YOU

On the day of the entrance exam, we would like to get to know you and your movement. It takes place online so that you can remain in the comfort of your own familiar surroundings, namely your home.

Body awareness: We invite you to immerse yourself in your body through a guided exercise. We want to learn about your experiences and look forward to hearing what you have to say about them.

For movement learning, we will give you instructions for individual elements from our movement system (Laban/Bartenieff) that we have selected. We want to gain an insight into your movement learning.

For movement design, we then invite you to play with the movement elements you have learned. In this way, we want to understand how you can play with and deal with forms of movement.

In the area of associations through movement experience (e.g., inner images, moods, inner sentences), we open up space for you to give free rein to your passion for dance. We would like to familiarize ourselves with how you create inner images through dance and how you express and experience your inner images through dance.

We would also like to get to know how you perceive and empathize with other people's dances and dance experiences



WHY THE QUESTIONNAIRE?

Our greatest joy is your motivation and personal commitment during your training and for your future career as a dance therapist.

The questionnaire helps us get to know you from the perspective of your motivation, i.e., your motivation profile. This allows us to support you at any time should the need arise.



THE RESULT

DAS WARTEN HAT EIN ENDE...

We will send you an email to let you know whether you have passed the entrance exam and offer you a training contract.





HAVE WE NOT YET ANSWERED ALL
YOUR QUESTIONS OR
WERE WE UNCLEAR ABOUT ANYTHING?

Please do not hesitate to contact us if you have any questions. You can email us or give us a call.

EMAIL:
brigitte.zueger@zoeschool.ch

TELEPHONE:
41 (61) 382 60 76

[ABOUT OUR WEBSITE](#)