

Zoe

SCHOOL FOR
DANCE MOVEMENT
THERAPY



TRAINING COURSE IN ARTS
THERAPY/DANCE MOVEMENT THERAPY
BASEL

WEBSITE
WWW.ZOESCHOOL.CH

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THE GOAL

WITH US YOU STUDY ARTS THERAPY / DANCE MOVEMENT THERAPY PART TIME

The course lasts 8 semesters and covers all the learning content, learning times and examination formats specified for admission to the Federal Higher Specialized Examination.

After each successfully completed module examination, you will receive the module certificate or the examination certificate of the completed module.

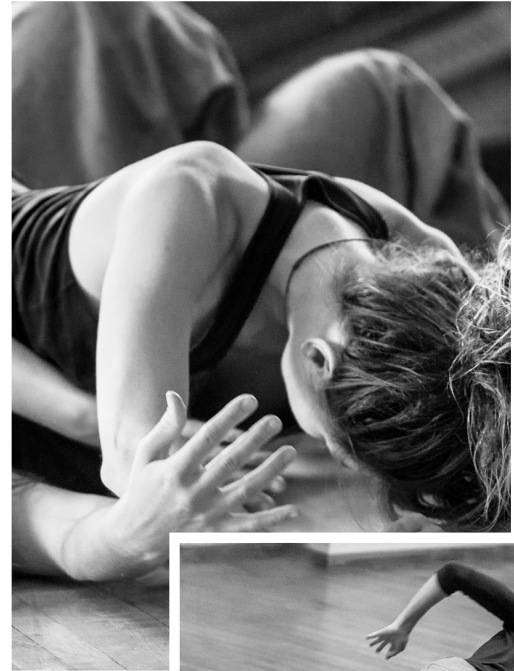
Upon successful completion of the 7 module exams, you will receive a training certificate and/or the industry certificate. The latter entitles you to bill health insurance companies in Switzerland.

With the 7 module certificates you are admitted to the Federal Higher Professional Examination. Afterwards, you will receive a subsidy from the federal government as a contribution to the training costs and are entitled to bill health insurance companies in Switzerland.

OUR VISION

FOR THE STANDARD OF FUTURE DANCE THERAPISTS

We want you, as future dance therapists trained by us, to be characterized by a professionalism that corresponds to that of other professionals educated at colleges and universities. As a dance therapist trained with us, you will have the appropriate professional and personal skills. In concrete terms, we understand this to mean that you will be able to meet your clientele in a professionally competent, ethical manner and in accordance with their individual needs. In addition, you are able to work confidently and cooperatively in a team with other helping professionals.





THE TRAINING PROCEDURE

THE COURSE COVERS ALL THE
REQUIREMENTS FOR THE PREPARATION
FOR THE FEDERAL HIGHER EXAMINATION.

CONTENT

- 8 semesters
- approx. 3100 hours of contact teaching and self-study time
- 7 module exams
- internship in the 5th and 6th semester

COURSE STAGES

Basic Level I:	Personal Learning World
Basic Level II:	Expanded Learning World
Middle Level:	Medical Learning World
Upper Level I:	Dance Movement Therapy Learning World
Upper Level II:	Professional Learning World



BASIC LEVEL I: Personal Learning World

Self Reflection / Embodied Anatomy

Salutogenesis-Psychohygiene

Biography and Developmental Psychology

Psychology, Learning- and Creative Psychology

Basic Pedagogical Attitudes and Concepts- Norms and Values in Education-Social and Special Education

History of Dance Movement Therapy linked to the

History of Dance and the Currents in Psychotherapy

Imagination, Improvisation, Interaction

BASIC LEVEL II Expanded Learning World

Communication Psychology and Models

Communication (1st part)

Philosophy, Sociology, Demography, other Cultures and Religions

Group Work

Embodiment-Communication-Common Factors

Artistic Inquiry

MIDDLE LEVEL: Medical Learning World

Basics of Anatomy and Physiology

Basic Disorders and Diseases, Inter-professional Cooperation

Psychosomatics-Psychopathology-Psychiatry

Advanced Psychopathology

Emergencies



UPPER LEVEL I: Dance Movement Therapy Learning World

Ritual-Dance Rituals-Ritualisation in Dance Movement
Therapy
Laban/Bartenieff Movement System (LBMS)
Authentic Movement / Other Methods
Research in Practice
The Marian Chace Method / Group
Mobility Gradient (with pre- and perinatal development)
Body Image
Kestenberg Movement Profile (KMP)

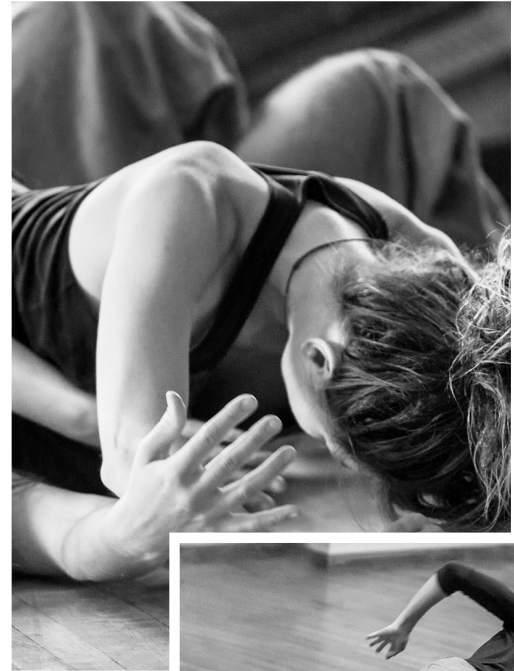
UPPER LEVEL II: Professional Learning World

Concept Development
Internship
Case Study
Communication (2nd part)
Professional Ethics
Learning Group (Supervision and Introduction to be a
Supervisor)
Organisation and Operational Management
Health Economics

OUR VISION

FOR LEARNING

The course is structured to fulfill our vision for learning: Students acquire knowledge interactively with faculty related to the demands of professional practice. In doing so, they are supported by a faculty that advocates and implements multidimensional and holistic learning. Learning takes place not only at the level of gaining knowledge, but also through experiencing and reflecting on what has been learned. This is achieved through the curricula that accommodates circular, holistic, and interactive learning. The course ensures intelligent and organic learning through its cognitive, emotional, intuitive and interactive as well as sensorimotor and psychomotor learning settings. The lecturers are qualified professionals experienced in their field as well as in teaching/ research and practice.





DEGREES AND TITLE

After the COMPLETION OF BASIC LEVEL II
you will receive the title:

COMPLETION BASIC LEVEL II
ZOE SCHOOL

After the COMPLETION OF UPPER LEVEL I
you will receive the title:

COMPLETION UPPER LEVEL I
ZOE SCHOOL

After the COMPLETION OF THE WHOLE CURRICULUM incl
passed module exams you will receive the title:

KUNSTTHERAPEUT*IN BEWEGUNGS- UND
TANZTHERAPIE MIT BRANCHENZERTIFIKAT

After the SUCCESSFUL COMPLETION OF THE EIDG: HIGHER
EXAMINATION you will receive the title:

KUNSTTHERAPEUT*IN BEWEGUNGS- UND
TANZTHERAPIE (ED)

ADMISSION CRITERIA

AS SINCE THE COURSE LEADS TO THE HIGHER FEDERAL DIPLOMA, THE ADMISSION CRITERIA IS REGULATED

GROUP A: NO FURTHER CLARIFICATIONS NEEDED

A relevant degree at tertiary level B and at least 50% of 2 years of professional experience.

GROUP B: EQUIVALENCE ASSESSMENT

With an upper secondary level diploma or a tertiary level B diploma not relevant and without professional practice.

GROUP C: NO FURTHER CLARIFICATIONS NEEDED

Enrollment in an accredited educational institution including proof of equivalency or relevancy.



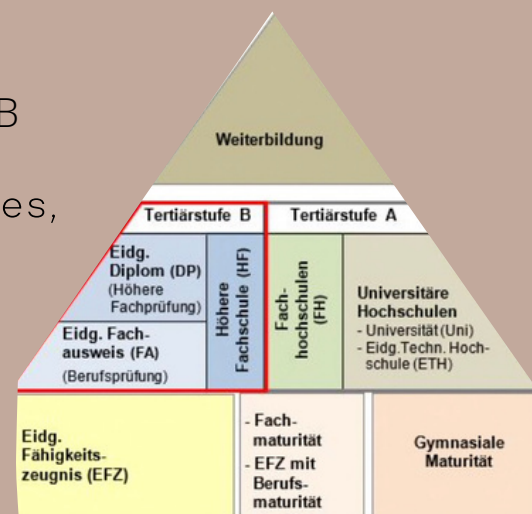
ADMISSION CRITERIA

FEDERAL DIPLOMA SECONDARY LEVEL II OR INTERNATIONALLY EQUAL EDUCATION

High School Degree, Secondary technical school Degree, Diploma "Fachmaturität", Diploma of a Diploma School (2 or 3 years), Diploma of a secondary school, Diploma of a business diploma school, Swiss Federal Certificate of Proficiency (completion of a vocational apprenticeship or basic vocational training) with/without vocational diploma

COLLEGE OF HIGHER EDUCATION A and B

University of Applied Sciences,
Universities



OUR GOALS

We train dance therapists who can take and represent their appropriate place in the future health care system.

As a dance therapist trained with us, you will shape your work based on your artistic skills, your personal and professional dance and art therapy competencies. In particular, you will be able to design criteria such as sound movement diagnostics as well as interventions appropriate to the client and the process, incorporating medical and psychopathological knowledge.

Furthermore, you are able to use research results and to integrate them into your practical work.



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BASEL

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