

# Zoe

SCHOOL FOR  
DANCE MOVEMENT  
THERAPY



COURSE ARTS THERAPY DANCE  
MOVEMENT THERAPY  
BASEL

WEBSITE  
[WWW.ZOESCHOOL.CH](http://WWW.ZOESCHOOL.CH)

Copyright: ZOE SCHOOL



## THE GOAL

### WITH US YOU STUDY ARTS THERAPY / DANCE MOVEMENT THERAPY PART-TIME

The course lasts 8 semesters and covers all the learning content, learning times and examination formats specified for admission to the Federal Advanced Federal Diploma Examination.

After each successfully completed module examination, you will receive the module certificate or the examination certificate of the completed module.

Upon successful completion of the 7 module exams, you will receive a training confirmation and/or the industry certificate. The latter entitles you to bill health insurance companies in Switzerland.

With the 7 module certificates you are admitted to the Federal Higher Professional Examination. Afterwards, you will receive a subsidy from the federal government as a contribution to the training costs and are entitled to bill health insurance companies.

## OUR VISION

### FOR THE STANDARD OF FUTURE DANCE MOVEMENT THERAPISTS

We want future dance therapists trained by us to be characterized by a professionalism that corresponds to that of other professional groups trained at colleges and universities. Dance therapists trained with us therefore have the appropriate professional and personal competencies. In concrete terms, we understand this to mean that, on the basis of these competencies, they not only meet their clients in a professionally competent, ethical manner and in accordance with their individual needs, but that they are also able to communicate in a professionally confident and cooperative manner with other helping professionals in the work team.





## THE PROCEDURE

THE COURSE COVERS ALL THE REQUIREMENTS FOR THE PREPARATION FOR THE FEDERAL HIGHER EXAMINATION.

### CONTENT

- 8 semesters
- approx. 3100 hours of contact teaching and self-study time
- 7 module exams
- internship in the 5th and 6th semester

### COURSE STAGES

Basic Level I:	Personal Learning World
Basic Level II:	Expanded Learning World
Middle Level:	Medical Learning World
Upper Level I:	Dance Movement Therapy Learning World
Upper Level II:	Professional Learning World



## THE CONTENT/ THE COURSES

### BASIC LEVEL I: Personal Learning World

Self Reflection / Embodied Anatomy  
Salutogenesis-Psychohygiene  
Biography and Developmental Psychology  
Psychology-Learning- and Creative Psychology  
Basic Pedagogical Attitudes and Concepts- Norms and Values in Education-Social and Special Education  
History of Dance Movement Therapy linked to the History of Dance and the Currents in Psychotherapy  
Imagination-Improvisation-Interaction

### BASIC LEVEL II Expanded Learning World

Communication Psychology and Models  
Communication (1st part)  
Philosophy-Sociology-Demography-Other Cultures and Religions  
Group Work  
Embodiment-Communication-Common Factors  
Artistic Inquiry

### MIDDLE LEVEL: Medical Learning World

Basics of Anatomy and Physiology  
Basic Disorders and Diseases, Inter-professional Cooperation  
Psychosomatics-Psychopathology-Psychiatry  
Advanced Psychopathology  
Emergencies



## UPPER LEVEL I: Dance Movement Therapy Learning World

Ritual-Dance Rituals-Ritualisation in Dance Movement  
Therapy  
Laban/Bartenieff Movement System (LBMS)  
Authentic Movement / Other Methods  
Research in Practice  
The Marian Chace Method / Group  
Mobility Gradient (with pre- and perinatal development)  
Body Image  
Kestenberg Movement Profile (KMP)

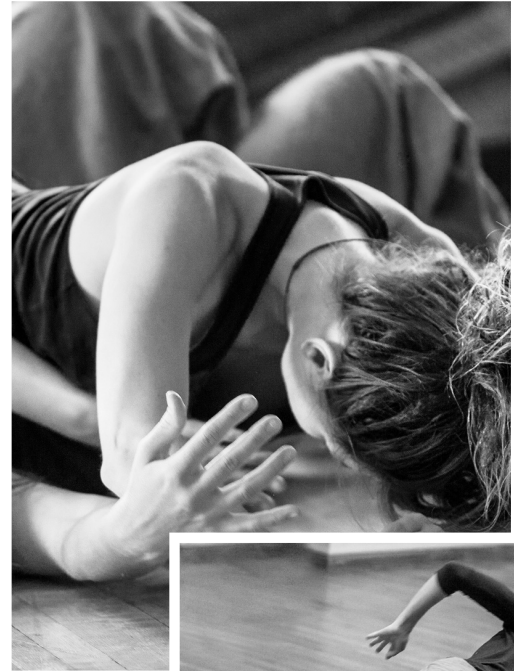
## UPPER LEVEL II: Professional Learning World

Concept Development  
Internship  
Case Study  
Communication (2nd part)  
Professional Ethics  
Learning Group (Supervision and Introduction to be a  
Supervisor)  
Organisation and Operational Management  
Health Economy

# OUR VISION

## FOR LEARNING

The course is designed to fulfill our vision for learning: Students acquire knowledge interactively with faculty related to the demands of professional practice. They are supported by a faculty that advocates and implements multidimensional and holistic learning. Learning takes place not only at the level of gaining knowledge, but also through experiencing and reflecting on what has been learned. This is achieved through the curricula, which do justice to circular, holistic and interactive learning. The course ensures intelligent and organic learning through its cognitive, emotional, intuitive and interactive as well as sensorimotor and psychomotor learning settings. The lecturers are qualified and experienced professionals in their field as well as in teaching/research and practice.





## DEGREES AND TITLE

After the COMPLETION OF BASIC LEVEL II  
you will receive the title

COMPLETION BASIC LEVEL II  
ZOE SCHOOL

After the COMPLETION OF UPPER LEVEL I  
you will receive the title

COMPLETION UPPER LEVEL I  
ZOE SCHOOL

After the COMPLETION OF THE WHOLE CURRICULUM incl  
passed module exams you will receive the title

KUNSTTHERAPEUT\*IN BEWEGUNGS- UND  
TANZTHERAPIE MIT BRANCHENZERTIFIKAT

After the SUCCESSFUL COMPLETION OF THE EIDG: HIGHER  
EXAMINATION you will receive the title

KUNSTTHERAPEUT\*IN BEWEGUNGS- UND  
TANZTHERAPIE (ED)



# ADMISSION CRITERIA

AS THE COURSE LEADS TO THE FEDERALLY RECOGNIZED SINCE THE COURSE LEADS TO A HIGHER PROFESSIONAL EXAMINATION, THE ADMISSION CRITERIA ARE REGULATED.

GROUP A: NO FURTHER CLARIFICATIONS NEEDED

A relevant degree at tertiary level B and at least 50% of 2 years of professional experience.

GROUP B: EQUIVALENCE ASSESSMENT

With an upper secondary level diploma or a tertiary level B diploma not relevant without professional practice

GROUP C: NO FURTHER CLARIFICATIONS NEEDED

Enrollment in an accredited educational institution including proof of equivalency or relevancy.



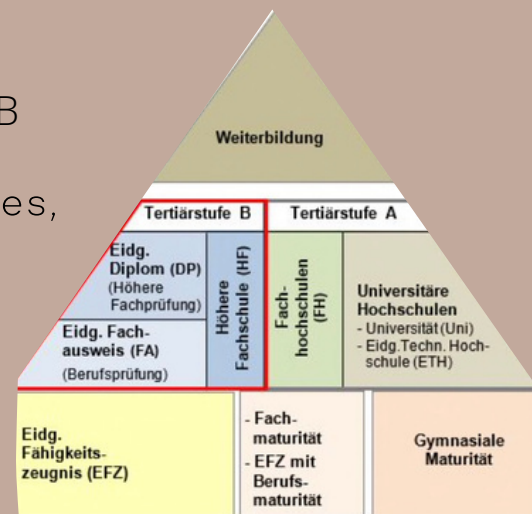
# ADMISSION CRITERIA

## FEDERAL DIPLOMA OF VOCATIONAL EDUCATION AND TRAINING II

High School Degree, Secondary technical school Degree, Diploma "Fachmaturität", Diploma of a Diploma School (2 or 3 years), Diploma of a secondary school or cantonal school, Diploma of a business diploma school, Swiss Federal Certificate of Proficiency (completion of a vocational apprenticeship or basic vocational training) with/without vocational diploma

## COLLEGE OF HIGHER EDUCATION A and B

University of Applied Sciences,  
Universities

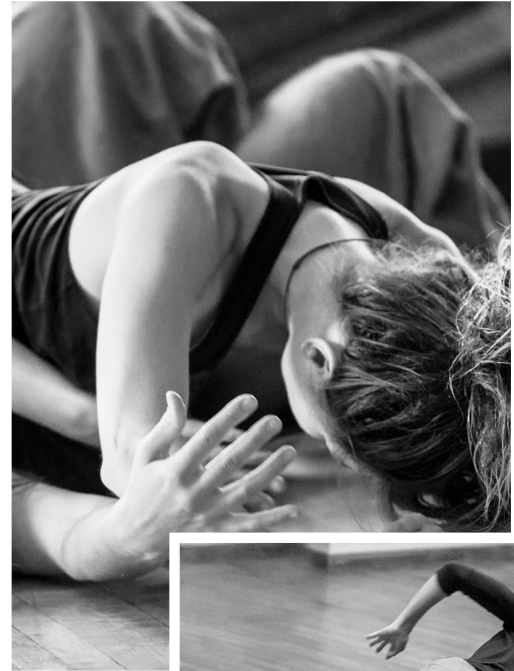


## OUR GOALS

We train Dance Movement Therapists who can take and represent their appropriate place in the future health system.

They design their work on the basis of their artistic skills, their personal and professional dance and art therapy competences. In particular, they are able to design criteria such as a solid movement diagnosis, as well as interventions appropriate to the client and the process, and include medical and psychopathological knowledge.

Furthermore, they are able to use research results and to incorporate them into their practical work.



# Zoe

SCHOOL FOR  
DANCE MOVEMENT  
THERAPY



COURSE ARTS THERAPY DANCE  
MOVEMENT THERAPY  
BASEL

Elsässerstrasse 34  
CH-4056 Basel  
Phone: +41 61 382 60 76

Email: [admin@zoeachool.ch](mailto:admin@zoeachool.ch)  
Website: [www.zoeschool.ch](http://www.zoeschool.ch)

School management and  
coordination:  
Brigitte Züger

